



TURBO FAST 2020

**PRAYER &
MEDITATION BOOK**

JANUARY • 5TH - 12TH • 2020

I AM MINDFUL OF GOD'S COVENANT & PROMISES

SUNDAY, JAN · 05 · 2020

SCRIPTURES FOR MEDITATION

1) Be ye mindful always of his covenant; the word which he commanded to a thousand generations; **1 Chronicles 16:15 KJV**

2) God also bound himself with an oath, so that those who received the promise could be perfectly sure that he would never change his mind. So God has given both his promise and his oath. These two things are unchangeable because it is impossible for God to lie. Therefore, we who have fled to him for refuge can have great confidence as we hold to the hope that lies before us. **Hebrews 6:17-18 NLT**

3) You have come to Jesus, the one who mediates the new covenant between God and people, and to the sprinkled blood, which speaks of forgiveness instead of crying out for vengeance like the blood of Abel. **Hebrews 12:24 NLT**

PRAYER FOCUS

- As you meditate on God's unchanging covenant & Word of promise to you, thank Him for the blood of Jesus that guarantees that God is eternally committed to you and to all His children.
- Appropriate everything (mercy, peace, health/healing, freedom, power, wisdom, revelation, intimate fellowship with the Holy Spirit etc) that the blood of Jesus has purchased for you and your family.
- Declare over HighLife Church, that God's promise to make us a church that will build the cities & nations for His Glory and a church that is a hub and an expression of the supernatural, comes into manifestation this year.

PRAYER FOR PAROUSIA

Ask the Holy Spirit to anoint all the ministers/speakers with fresh oil and fire so that they will minister with great power and manifestations of the Spirit.

THE HOLY SPIRIT IN ME GIVES ME ACCESS TO THE THINGS GOD HAS PREPARED FOR HIS PEOPLE IN THIS SEASON

MONDAY, JAN · 06 · 2020

SCRIPTURES FOR MEDITATION

1) That is what the Scriptures mean when they say, “No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him.” But it was to us that God revealed these things by his Spirit. For his Spirit searches out everything and shows us God’s deep secrets. And we have received God’s Spirit (not the world’s spirit), so we can know the wonderful things God has freely given us. **1 Corinthians 2:9-10, 12 NLT**

2) When the Spirit of truth comes, he will guide you into all truth. He will not speak on his own but will tell you what he has heard. He will tell you about the future. **John 16:13 NLT**

3) ‘In the last days,’ God says, ‘I will pour out my Spirit upon all people. Your sons and daughters will prophesy. Your young men will see visions, and your old men will dream dreams. In those days I will pour out my Spirit even on my servants—men and women alike— and they will prophesy. **Acts of the Apostles 2:17-18 NLT**

PRAYER FOCUS

- Acknowledge the Holy Spirit in you with words of love, adoration and worship.
- Ask the Holy Spirit to open ALL your channels of spiritual communication (dreams, visions, inner witness, spiritual impressions, scriptural understanding, words of knowledge/wisdom etc) in this season & beyond.
- Ask the Holy Spirit for clear revelation, interpretation and instructions into God's prepared plans and purposes for your life, your family, your business/career, HighLife Church, the Global Church, Nigeria (& any other nation of interest to you) for this season.

PRAYER FOR PAROUSIA

Ask the Holy Spirit to breathe upon every publicity material (flyers, social media campaigns, word of mouth, radio etc) being used for Parousia, so that everyone who receives an invitation will be inspired by the LORD Himself to attend the meetings.

I HAVE ALL THE POWER, WISDOM AND RESOURCES TO ACCOMPLISH ALL OF GOD'S PURPOSES IN THIS SEASON

TUESDAY, JAN · 07 · 2020

SCRIPTURES FOR MEDITATION

- 1) So we keep on praying for you, asking our God to enable you to live a life worthy of his call. May he give you the power to accomplish all the good things your faith prompts you to do. **2 Thessalonians 1:11 NLT**
- 2) Yes, God is more than ready to overwhelm you with every form of grace, so that you will have more than enough of everything —every moment and in every way. He will make you overflow with abundance in every good thing you do. **2 Corinthians 9:8 (TPT)**
- 3) The Lord 's spirit will rest on him – a spirit that gives extraordinary wisdom, a spirit that provides the ability to execute plans, a spirit that produces absolute loyalty to the Lord. **Isaiah 11:2 (NET)**
- 4) The life-giving Spirit of God will hover over him, the Spirit that brings wisdom and understanding, The Spirit that gives direction and builds strength, the Spirit that instills knowledge and Fear-of- God. **Isaiah 11:2 (MSG)**
- 5) Everything we could ever need for life and godliness has already been deposited in us by his divine power. For all this was lavished upon us through the rich experience of knowing him who has called us by name and invited us to come to him through a glorious manifestation of his goodness. **2 Peter 1:3 (TPT)**

PRAYER FOCUS

- Thank God & acknowledge Him for His power that is at work in your life that enables you to become and achieve everything that He has called you to be in this season of your life.
- Prophecy into your life and your purpose and declare that every resource (spiritual, physical, financial, human etc) that you require for your assignment in 2020 is released and finds its way to you in Jesus Name.
- Declare that in 2020, HighLife Church will experience abundant provision of all resources (spiritual, financial, human, etc) required for it to fulfill its assignment in this season in Jesus mighty Name.
- Proclaim the blessings of the LORD over Nigeria (and any other nation of interest to you). Ask the Holy Spirit to fill the leaders across all spheres with the wisdom and strength required to govern in line with God's purposes for the nation.

PRAYER FOR PAROUSIA

Pray for everyone involved in the planning/execution of the plans for Parousia 2020. Ask the Holy Spirit to pour out His wisdom and power upon them as they offer their skills, strength and abilities to the LORD.

NOTHING & NO ONE CAN STOP ME FROM POSSESSING MY INHERITANCE BECAUSE THE BREAKER HAS GONE AHEAD OF ME

WEDNESDAY, JAN · 08 · 2020

SCRIPTURES FOR MEDITATION

- 1) The Breaker [the Messiah] will go up before them. They will break through, pass in through the gate and go out through it, and their King will pass on before them, the Lord at their head. **Micah 2:13 (AMPC)**
- 2) We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of life shaped by Christ. **2 Corinthians 10:5 MSG**
- 3) You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world. **1 John 4:4 NKJV**
- 4) Look, the Lord your God has set the land before you; go up and possess it, as the Lord God of your fathers has spoken to you; do not fear or be discouraged.' **Deuteronomy 1:21 NKJV**
- 5) For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. **2 Timothy 1:7 NLT**

PRAYER FOCUS

- Command every barrier set up against you to break and be destroyed in the mighty name of Jesus.
- Take authority over every thought, emotion, mindset, or voice in your life that is contrary to God's purposes for you. Declare that only God's counsel shall stand.
- Banish the spirit of fear & release the spirit of boldness over your life as you step out into the fulfilment of God's purposes in all areas of your life.
- Silence every spiritual and physical opposition set against HighLife Church and the Church in Nigeria. Declare that the Church will march into its destiny.
- Prophecy over Nigeria (and/or any other nation of interest to you) declaring that every agenda of darkness and wickedness against God's purposes for this nation will not come to pass.

PRAYER FOR PAROUSIA

Ask the Holy Spirit to prepare the hearts of everyone who has been ordained to attend Parousia 2020 so that they can receive everything the LORD has released for this season. Pray that everyone who attends will truly have a life-changing encounter with the LORD.

I AM ADDICTED TO THE LOVE OF THE FATHER & I AM A CHANNEL OF HIS LOVE TO OTHERS

THURSDAY, JAN · 09 · 2020

SCRIPTURES FOR MEDITATION

1) Long before he laid down earth's foundations, he had us in mind, had settled on us as the focus of his love, to be made whole and holy by his love. Long, long ago he decided to adopt us into his family through Jesus Christ. (What pleasure he took in planning this!) He wanted us to enter into the celebration of his lavish gift-giving by the hand of his beloved Son. **Ephesians 1:4-6 MSG**

2) God showed how much he loved us by sending his one and only Son into the world so that we might have eternal life through him. This is real love—not that we loved God, but that he loved us and sent his Son as a sacrifice to take away our sins. Dear friends, since God loved us that much, we surely ought to love each other. **1 John 4:9-11 NLT**

3) And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love. **Romans 5:5 NLT**

4) May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God. **Ephesians 3:19 NLT**

5) Jesus said, "The first in importance is, 'Listen, Israel: The Lord your God is one; so love the Lord God with all your passion and prayer and intelligence and energy.' And here is the second: 'Love others as well as you love yourself.' There is no other commandment that ranks with these." **Mark 12:29-31 MSG**

PRAYER FOCUS

- As you meditate on the love of the Father expressed through Christ and the presence of the Holy Spirit, acknowledge the reality of His love to you and thank Him for irrevocably loving you forever.
- Ask the Holy Spirit to soak and establish your heart in the love of God and Jesus Christ.
- Ask the LORD to make you (your intellect, abilities, finances, time etc) a channel of His love. Declare over yourself that you are an ambassador of God's love to your family, your community and in every place.
- Ask God to impress the names of 2 people upon your heart that He wants you to pray for as an expression of love. Pray for them & ask God to reveal His love to them & cause His will to be done in all areas of their lives.
- Pray for true unity in HighLife & the body of Christ in Nigeria. Ask God to help the church to truly walk in love.
- Take authority over the spirit of tribalism/disunity in Nigeria (and/or any other nation of interest to you). Ask the LORD to cause a revival of true love in the nation.

PRAYER FOR PAROUSIA

Ask the Holy Spirit to use Parousia 2020 to be a channel through which the voice of the church in Nigeria will sound as one. Pray that through Parousia 2020, there will be healing and true restoration of love and mutual submission within the body of Christ

I NO LONGER LIVE FOR MYSELF. I PARTNER WITH GOD TO SEE HEAVEN'S AGENDA ESTABLISHED ON EARTH

FRIDAY, JAN · 10 · 2020

SCRIPTURES FOR MEDITATION

1) Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's. **1 Corinthians 6:19-20 NKJV**

2) but we will give ourselves continually to prayer and to the ministry of the word." **Acts 6:4 NKJV**

3) But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth." **Acts 1:8 NKJV**

4) Be enthusiastic to serve the Lord, keeping your passion toward him boiling hot! Radiate with the glow of the Holy Spirit and let him fill you with excitement as you serve him. Take a constant interest in the needs of God's beloved people and respond by helping them. And eagerly welcome people as guests into your home. **Romans 12:11 & 13 TPT**

5) For it is Christ's love that fuels our passion and motivates us, because we are absolutely convinced that he has given his life for all of us. This means all died with him, so that those who live should no longer live self-absorbed lives but lives that are poured out for him—the one who died for us and now lives again. **2 Corinthians 5:14-15 TPT**

PRAYER FOCUS

- Acknowledge the reality of God as the owner and possessor of your life and everything you have. Present and dedicate your life and everything in it to the LORD to use for His glory.
- Ask the Holy Spirit for a release of fresh fire upon you & your household. Ask for a fresh outpouring of His power upon your life for prayer, holy living, soul-winning, service in God's house, love for others, healings, & giving.
- Pray for the children, teenagers and young adults in our churches. Ask the LORD to rekindle a fire in their hearts so that they will be used mightily by God in these last days.
- Pray for HighLife Church and the body of Christ in general. Ask the LORD for a fresh outpouring of His power, fire and love upon His church. Pray for the leaders of the church asking the LORD fill them afresh with His Spirit and to cause them to lead God's people into a life of complete devotion to KING JESUS.

PRAYER FOR PAROUSIA

Ask for a mighty outpouring of the presence and power of God during Parousia 2020. Declare that lives will be transformed, people's hearts will be ignited, people will receive revelation/insight, the sick will be healed, spiritual gifts will be imparted, God's people will be equipped and God will be glorified.

I TAKE TERRITORIES FOR THE KING. I ARISE AND TAKE MY PLACE AS A SOLUTION TO PROBLEMS IN MY FAMILY, INDUSTRY & CITY

SATURDAY, JAN · 11 · 2020

SCRIPTURES FOR MEDITATION

- 1) "You are the light of the world. A city that is set on a hill cannot be hidden. Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. Let your light so shine before men, that they may see your good works and glorify your Father in heaven. **Matthew 5:14-16 NKJV**
- 2) All of the people in Ephesus were awestruck, both Jews and non-Jews, when they heard about what had happened. Great fear fell over the entire city, and the authority of the name of Jesus was exalted. Many believers publicly confessed their sins and disclosed their secrets. Large numbers of those who had been practicing magic took all of their books and scrolls of spells and incantations and publicly burned them. When the value of all the books and scrolls was calculated, it all came to several million dollars. The power of God caused the word to spread, and the people were greatly impacted. **Acts 19:17-20 (TPT)**
- 3) "In the days of Shamgar son of Anath, in the days of Jael, the main roads were empty. Travelers went on the back roads. There were no warriors in Israel until I, Deborah, arose, until I arose to be a mother to Israel. **Judges 5:6-7 NCV**
- 4) There is a man in your kingdom who is full of the divine Holy Spirit. During your father's time he was well known for his intellectual brilliance and spiritual wisdom. He was so good that your father, King Nebuchadnezzar, made him the head of all the magicians, enchanters, fortunetellers, and diviners. There was no one quite like him. He could do anything—interpret dreams, solve mysteries, explain puzzles. His name is Daniel, but he was renamed Beltshazzar by the king. Have Daniel called in. He'll tell you what is going on here." **Daniel 5:11-12 MSG**
- 5) "I tell you the truth, whatever you forbid on earth will be forbidden in heaven, and whatever you permit on earth will be permitted in heaven. **Matthew 18:18 NLT**

PRAYER FOCUS

- Acknowledge the power and wisdom of God that is fully operational in your life by the Holy Spirit. Thank God for giving you access to all the resources of Heaven through the Holy Spirit.
- Release the spirit of boldness over your life & ask God for grace as you step out to challenge & subdue disorder, ungodliness, corruption, lack, injustice, poverty, sickness, & death in your sphere of influence. Ask God for wisdom to take the right steps, build the right alliances & to execute brilliantly as you take your place in bringing God's will to pass on the earth.
- Command all ungodly controlling powers, spirits and forces behind the scenes in families, communities, industries, cities, sectors and nations to be dislodged and to bow to the authority of the name of Jesus.
- Ask the LORD to truly empower HighLife Church and the body of Christ with the passion and resources required to bring real solutions to the issues affecting the cities and communities we are in.
- Ask the LORD to raise up men and women (including you) across families, communities, sectors, industries and spheres of governance in Nigeria (and/or any other nation of interest to you) who will truly make a positive difference and build organisational and national systems that will honour God and bless people.

PRAYER FOR PAROUSIA

Commit the weather & the city of Lagos into the hand of God during the period of the conference. Declare that all social, physical, political & environmental happenings within the period of the conference will glorify the purposes of God for Parousia. Declare safety & peace for everyone who will be travelling to & from the conference.

THE OLD IS GONE. THE NEW IS HERE. I SPEAK AND SEE THINGS ONLY FROM HEAVEN'S PERSPECTIVE

SUNDAY, JAN · 12 · 2020

SCRIPTURES FOR MEDITATION

1) "Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland. **Isaiah 43:18-19 NIV**

2) "Sing, O childless woman, you who have never given birth! Break into loud and joyful song, O Jerusalem, you who have never been in labor. For the desolate woman now has more children than the woman who lives with her husband," says the Lord. "Enlarge your house; build an addition. Spread out your home, and spare no expense! For you will soon be bursting at the seams. Your descendants will occupy other nations and resettle the ruined cities. **Isaiah 54:1-3 NLT**

3) That's what the Scripture means when it says: "I have made you the father of many nations." He is our example and father, for in God's presence he believed that God can raise the dead and call into being things that don't even exist yet. **Romans 4:17 TPT**

4) For with God nothing is ever impossible and no word from God shall be without power or impossible of fulfillment. **Luke 1:37 AMPC**

5) "The Lord bless you and keep you; The Lord make His face shine upon you, And be gracious to you; The Lord lift up His countenance upon you, And give you peace." **Numbers 6:24-26 NKJV**

PRAYER FOCUS

- Give God praise and thank Him for His faithfulness and His unfailing commitment to His Word.
- Declare that the old is gone forever and that it is a new day in your life, your family, your business/career, your health, your ministry and your walk with the LORD.
- As a priest of the Most High God, pronounce the priestly blessing in Numbers 6:24-26 over you & your family.
- Declare over HighLife Church that it is a new day. Declare that as a church we enter into a harvest of promised things and everything written about us by the LORD will come to pass as we partner with Him.
- Prophecy over Nigeria that the old patterns of ungodliness, injustice, corruption, despair, poverty & division are gone forever. Release a new sound that brings in righteousness, justice, integrity, hope, wisdom, love and prosperity through the power of the Holy Spirit and the partnership of God's people.

PRAYER FOR PAROUSIA

Thank God in advance for a glorious Parousia 2020.